

# Kinky capers

## 50 SHADES OF TE AROHA!

Meet our small-town Kiwi sexpert!

**O**n the face of it, Waitako woman Pauline Cannon and her partner Murray look very much like your average Kiwi couple.

Surrounded by fruit trees and with their beloved pooches lying on the porch, their idyllic rural home gives no clues as to what goes on when the curtains are drawn. But behind closed doors, this loved-up pair indulge in a risqué sex life to rival any scene in the best-selling erotic book-turned-film *Fifty Shades of Grey*.

Kinky is a way of life for Pauline and her partner Murray, 48, who live in the tight-knit rural town of Te Aroha. "We have sex every day,"

Pauline says. "Sometimes twice a day or more!" Murray adds. In fact, Pauline, 43, makes a career out of whipping, tying up and blindfolding with her business Absolute Surrender.

Previously a landscape gardener with a degree in horticulture, she became a certified 'Urban Tantra' practitioner several years ago and now performs full-body sensual massages from her home. And yes, most massages have a "happy ending".

Working as Ms Vanzillaberry, she combines tantric methods with full body massage as well as BDSM (bondage-discipline-sadism-masochism). Pauline is always the "dom" (dominant) and her clients are the "sub"

(submissive). "I like BDSM," she confesses. "Because by tying someone up or taking away their sight, you're heightening other senses and the client gets a much bigger release."

"Clients come to me with a lot of different needs," she explains. "Just last week, I had an older gentleman who'd had his prostate removed because of cancer and is now finding it hard to reach arousal. He came to me to act out a deep-seated fantasy to achieve that and that's great. That's what I'm here for."

### Won't do that!

But there are limits. Her rules are no sex, no oral pleasure, no kissing and no exchange of fluids. "I've had people ask me for things like face-sitting," she says. "I can't do those sorts of things with love, so I refer them to someone else."

But Pauline admits that she hasn't always been so in touch with her sexuality — much like *Fifty Shades of Grey*'s leading lady Anastasia Steele, who is seduced by kinky billionaire Christian Grey.

"I didn't have an orgasm until I was 33 and it wasn't with my ex-husband — it was with a sex toy," Pauline laughs. "I didn't even know what an orgasm was. I grew up in a family who didn't talk about sex or anything like that, so I didn't know the first thing about being able and open to receiving pleasure."

Embarking on a journey of self-discovery, Pauline attended an Urban Tantra workshop, which led to a sexual awakening. She then decided to help others do the same.

While Pauline and Murray, who often takes part in sessions too, have an open and adventurous sex life, Pauline keeps actual intercourse for him alone.

"When you're working with so many people in such an intimate way, you have to keep something just for yourself," she says. "Our bedroom is off limits for anyone else. If we play with another couple, we use our play room."

Pauline says her rural location isn't a deterrent for business — clients travel far and wide for a session, including women. "One lady recently told me I'd taught her more about herself in 45 minutes than she'd learnt in six months of counselling!" she says.

And Pauline has noticed more couples making bookings over the last six months. "They come to us to spice things up and get their spark back," she explains. "It's funny, all these people have been together for so long, yet they still don't know what each other needs sexually."

Murray says he doesn't mind sharing Pauline with her clients because he can see how much good she is doing. Barely able to keep their hands off each other during our *Woman's Day* photo shoot, it's clear to see the benefits of their active sex life. "I'm very lucky with Murray. We are so connected and he fulfils my every need," Pauline beams.

And while always the "dom" with her clients, she admits she loves nothing more than a good spanking from Murray. "We don't have a safe word," she says. "But I encourage all my clients to have one, although I've only ever had one person that needed to use it."

Pauline insists the benefits for the mind, body and spirit are endless when people embrace all of their secret desires in a safe environment.

"Saying someone has 'dark' fantasies is insinuating that it is wrong — it's not," she declares. "And it's time for us to bring it out into the light."

'We are so connected and he fulfils my every need'



The saucy lifestyle suits Pauline and Murray. "We have sex every day!"



Initially, Pauline was sexually naive like Ana from *Fifty Shades*.

